

# Call for details

on our Christmas clinics, summer camps & Tournaments!

Team and group rates for Hitting, Pitching & Catching Clinics: \$25/player for groups of 10 or more, pre-registered together by a coach.



**PAL'S**  
SPORTS CENTER

607-732-8367

## Hitting Clinics

### Ages 5 - 12

Session #

1	Feb. 4	11 a.m.-2 p.m.
3	Feb. 11	11 a.m.-2 p.m.
5	Feb. 18	2-5 p.m.
7	Mar. 4	11 a.m.-2 p.m.

### Ages 13 - 18

Session #

2	Feb. 4	11 a.m.-2 p.m.
4	Feb. 11	2-5 p.m.
6	Feb. 18	2-5 p.m.
8	Mar. 4	11 a.m.-2 p.m.

**Objective:** The Hitting Clinic is designed to teach the fundamentals of hitting to various age levels. Each camper will receive individual instruction.

**Ages 6-18:** Participants will be placed in appropriate age groups. Parents may observe at no extra charge.

**Location:** Decker Gymnasium. Our hitting facility includes three artificial turfed batting cages.

**Fees:** \$35/person. This includes three hours of instruction, cage hitting from a pitching machine, drills, videotape hitting analysis, tee work along with the latest in training aids and techniques.



## Pitching & Catching Clinic

Session #

I	Ages 13 & up	Feb. 11	11 a.m.-2 p.m.
II	Ages 7-12	Feb. 11	2-5 p.m.

The Pitching and Catching Clinic is designed to provide instruction in both pitching and catching. The coaches will emphasize the physical mechanics along with the mental requirements of pitching and catching.

**Campers 6-18.** Participants will be placed in appropriate age groups. Parents may observe at no extra charge.

**Location:** Decker Gymnasium and the Rod Kelchner Fitness Center. Registration: Decker Gymnasium.

**Fees:** \$35/person.

For pitchers fee includes three hours of instruction, live throwing from indoor mounds, drills, videotape analysis of pitching delivery and a demonstration of pitcher conditioning program.

For catchers fee includes drills for framing, footwork, throwing, blocking, strategies and advanced techniques.

## Pre-season-Skills, Players & Coaches Clinics


### Little League Day

**Ages 6 - 12 • Feb. 18 • 10:30 a.m. - 1:30 p.m.**

**Ages 12, 13, 14 Junior Division**

**Special T-Ball Session for 5-year-olds**

**Registration: 9:30-10:30 a.m. at Decker Gym**

 **Come and enjoy a full day by also registering for Hitting Clinic Session 5 or 6 (2 - 5 p.m.)**

**Location:** Decker Gymnasium and the Rod C. Kelchner Fitness Center. Registration is at Decker Gymnasium.

**Fees: \$20.** Coaches and parents are invited to spend the day for \$5. Pre-registration assures a guaranteed hitting time.

**Team and group rates available.** \$15/player for groups of 10 or more when pre-registered together by a coach. Two coaches free with your team registration

**Objective:** A winning tradition is built on fundamentals and the development of players. The 22nd annual pre-season clinic will give players, coaches and parents all the secrets to becoming the best in baseball. You will learn from the staff that has produced this decade's seventh winningest program in division II. Our clinic format enables you to consult one-to-one with these instructors in their own area of expertise. The participation sessions are divided into two clinics

— one for players and one for coaches and parents.

*Everyone will receive hands-on instruction in fundamental baseball skills.*

**Areas covered** include hitting, pitching, catching, fielding, throwing, base running, practice drills, along with innovations in the latest techniques.

A big hit last year was the beefed coaches portion of the clinic. Our expert staff will speak and present hands-on drills on a variety of subjects that cover virtually every

aspect of playing the game. Each session will allow time for questions and group discussion. Sessions will cover many topics for you to choose from, including:

- Hitting
- Coaches' Pre-Game Preparation
- Pitching Philosophy
- Skill Development
- Infield Play
- Pitching/Catching
- Weight Training for Baseball
- Outfield Play
- Base Running
- Practice Development Progression and Drills
- Problem Identification and Adjustment
- Psychological Aspects of Baseball
- Fundraising

**E-mail:**

**hhillson@mansfield.edu**

**Fax:**

**570-662-4116**

**PH:**

**570-662-4457**

**or**

**662-7273 evenings**



**www.GoMounties.com click on 'baseball'**



Save Time—  
Register online!  
www.GoMounties.com  
click on 'baseball'

To ensure individual instruction for each camper, enrollment will be limited for each session. Due to enrollment limitations please call the baseball office to check for the availability of openings. Pre-registration is recommended.

Name \_\_\_\_\_ Age \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_ E-mail \_\_\_\_\_  
 School \_\_\_\_\_ Phone \_\_\_\_\_ Grade \_\_\_\_\_  
 Coach Name \_\_\_\_\_ Coach Home Phone \_\_\_\_\_  
 Legal Guardian Signature \_\_\_\_\_

I approve of my child's attendance at the Mansfield University Baseball Clinic and certify that he is in good health and able to participate in clinic activities. In case of accident, injury or sickness, Mansfield University Baseball Clinic personnel have my permission to use their best judgment in the case of my child.

MAIL COMPLETED REGISTRATION FORM, AND FULL CLINIC FEE TO:

Baseball Office  
 Mansfield University  
 Mansfield, PA 16933

FOR MORE INFORMATION:

PH: 570-662-4457 (daytime) • 570-662-7273 (evenings)  
 FAX: 570-662-4116 (fax) • E-mail: hillison@mansfield.edu

Check the clinics you'll attend:

**HITTING CLINICS (\$35)** AGE \_\_\_\_\_  
 List session numbers \_\_\_\_\_  
**PITCHING & CATCHING CLINIC (\$35)**  
 Feb. 11 (I), ages 13-18  Feb. 11 (II), ages 7-12  
**PRE-SEASON SKILLS, LITTLE LEAGUE PLAYER & COACHES CLINIC**  
 Feb. 18, Players (\$20)  
 Feb. 18, Coaches & Parents (\$5)  
 T-Shirts (\$15)

We accept cash, checks, or credit card. Make checks payable to MU Baseball Clinic. Fee is non-refundable but may be applied toward a future MU Baseball Clinic or Camp.  
 Mastercard  Visa  Discover  
 \$ \_\_\_\_\_ Amount to be charged (total amount will be charged unless amount indicated)

Credit Card # \_\_\_\_\_ 3-Dig. Sec. Code \_\_\_\_\_  
 Exp. Date \_\_\_\_\_  
 Cardholder Name (printed) \_\_\_\_\_  
 Cardholder Signature \_\_\_\_\_  
 Date \_\_\_\_\_

## About the Mountaineers

In the 139 years of baseball at Mansfield University, no head coach has won as many games in as short amount of time as Harry Hillson.

Since 1992, Hillson has directed his Mountaineers to nine PSAC East Division Championships, three North Atlantic Regional Championships and three trips to the Division II World Series. The 2006 Mountaineers finished 31-24, advancing to the PSAC Playoffs for the fourth time in five years..

During the 1990's the Mountaineers were the seventh winningest program in Division II, winning 71.1% of the games and ranked eighth in wins with 354. Now in his 20th year Hillson recorded his 200th, 300th, 400th, 500th, and 600th victories faster than any other coach in Division II history.

A nationally recognized authority on hitting, Hillson's teams have ranked among the top five teams in Division II season-ending statistics nine times. Seventeen players have entered professional baseball in the last twenty years. Former camper Eric Baker led Division II in hitting .500 and was drafted by the Houston Astros in the 27th round. Coach Hillson is known for his hitting, but 11 of the players signed have been pitchers, including: 2002 Montreal Expos Greg Martin, 1998 Boston Red Sox Chris Zallie, 1999 Houston Astro 11th round pick Kris Kann, and Milwaukee Brewers 15th round pick Chris McGee. Twenty-two Mountaineers have been named All-American, the most of any Northern Division II school. The Mountaineer tradition of excellence is evident in the winter clinic program, recognized as one of the top developmental programs in the northeast.

Facilities include Decker Gymnasium, featuring six batting cages, over 20 toss, tee and hitting stations as well as two dozen pitching stations with indoor mounds. The Kelchner Fitness Center features over 15,000 feet of open gym space. Come experience the top-notch facilities along with the proven instructional techniques that have made the Mounties one of the best baseball programs in the nation.



HARRY HILLSON, Head Baseball Coach at Mansfield University, Clinic Director.

**MANSHFIELD UNIVERSITY**  
 BASEBALL OFFICE

Home of the Mountaineers  
 NCAA Division II

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2007 Baseball Clinics

Mansfield University  
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**BASEBALL**  
**CLINICS**

- Hitting
- Pitching & Catching
- Little League Pre-season Skills, Players & Coaches Clinic

2007