* The Official Coaching Clinic of Little League District 15 of Pennsylvania. Make this clinic a requirement for your league! *

A winning tradition is built on fundamentals and the development of players. The 25th annual *pre-season clinic* will give players, coaches and parents all the secrets to becoming the best in baseball. You will learn from one of the top college coaching staffs in the nation.

Our clinic format enables you to consult one-toone with these instructors in their own area of expertise. The participation sessions are divided into two clinics — one for players and one for coaches and parents.

Everyone will receive hands-on instruction in fundamental baseball skills.

Areas covered include hitting, pitching, catching, fielding, throwing, base running, practice drills, along with innovations in the latest techniques.

A separate coaching clinic for girls softball by Stetson Hall of Fame Pitcher, Erin Hillson. *Our Coaches' Clinic* is tailored to fit your needs. Our MU staff will speak and present hands-on drills on a variety of subjects that cover virtually every aspect of playing the game. Each session will allow time for questions and group discussion. Sessions will cover many topics for you to choose from, including:

- Hitting Drills & Mechanics
- Dynamic Flexibility and Strenght Training
- Pitching
- Infield Play
- Catching
- Outfield Play
- Base Running
- Practice Development Progression and Drills
- Problem Identification and Adjustment
 Psychological Aspects of Baseball
- Coaches' Pre-Game Preparation

FEES: \$20 Coaches and parents are invited to spend the day for \$5. Pre-registration assures a guaranteed hitting time.

Team and group rates available. \$15/ player for groups of 10 or more when preregistered together by a coach. Two coaches free with your team registration.

LOCATION: Decker Gymnasium and the Rod C. Kelchner Fitness Center. Registration is at Decker Gymnasium. **Team and group rates** for Hitting, Pitching & Cathching Clinics: \$25/player for groups of 10 or more, pre-registered together by a coach.

- E-mail: hhillson@mansfield.edu Fax: 570-662-4116
- PH: 570-662-4457, or 570-404-2632 evenings
 - Call for details on our Christmas clinics, summer camps & tournaments!

The Hitting Clinic is designed to teach the fundamentals of hitting to various age levels. Each camper will receive individual instruction.

Ages 6-18: Participants will be placed in appropriate age groups. Parents may observe at no extra charge.

FEES: \$35/person

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This includes three hours of instruction, cage hitting from a pitching machine, drills, videotape hitting analysis, tee work along with the latest in training aids and techniques.

LOCATION: Decker Gymnasium. Our hitting facility includes three artificial turfed batting cages.

AGES 6-12 Session

#1

#3

5

7

Jan. 31	11 a.m2 p.m.
Feb. 7	11 a.m2 p.m.
Feb. 14	2-5 p.m.
Feb. 21	11 a.m2 p.m.

AGES 13-18

Session		
# 2	Jan. 31	11 a.m2 p.m.
# 4	Feb. 7	2-5 p.m.
# 6	Feb. 14	2-5 p.m.
# 8	Feb. 21	11 a.m2 p.m.

The Pitching and Catching Clinic is designed to provide instruction in both pitching and catching. The coaches will emphasize the physical mechanics along with the mental requirements of pitching and catching.

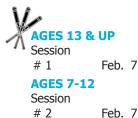
Campers 6-18. Participants will be placed in appropriate age groups. Parents may observe at no extra charge.

FEES: \$35/person

Pitcher's fee includes three hours of instruction, live throwing from indoor mounds, drills, videotape analysis of pitching delivery and a demonstration of pitcher conditioning program.

Catcher's fee includes drills for framing, footwork, throwing, blocking, strategies and advanced techniques.

LOCATION: Decker Gymnasium and the Rod Kelchner Fitness Center. Registration: Decker Gymnasium.



11 a.m.-2 p.m.

2-5 p.m.

AGES 12, 13, 14 (Junior Division) SPECIAL T-BALL SESSION (5-year-olds) SPECIAL GIRLS SOFTBALL DIV.

Feb. 14 • 10:30 a.m. - 1:30 p.m.

Registration:

GES 6-12

9:30-10:30 a.m. at Decker Gym

	١		Check the clinics you'll attend:
save 7 Ime nonister online!		To ensure individual instruction for each camper, eurollment will be limited for each sesion. Due to eurollment limitations please call de baseball office to	HTTMG (QMIG (\$3)) AGE
and no hild		check for the availability of openings. Pre-registration is recommended.	PTCHIAG & CATCHIAG CANIC (35)
Name		Age	🗆 Feb. 7 (l), ages 13-18 🛛 Feb. 7 (ll), ages 7-12
Address		City	
	Zip Phone	Fandi	PRE-SEASON SMILS, LITTLE LEAGUE PLATER & COACHES CIMIC
School		Grade	□ reb. 14 riayers (\$20) □ Feb. 14, Coaches & Parents (\$5)
Coach Name		Coach Home Phone	
legal Guardian Signature			□ T-Shirts (\$15)
			We accept cash, checks, or credit card. Make checks payable to MU Baseball. Clinic fee is non-refundable but may be applied
l approve of my child's attendance a	l approve of my child's attendance at the Mansfield University Baseball Clinic and certify	MAIL OMPIE	toward a future MU Baseball Clinic or Camp.
triat ne is in good nearm and oper to partrapare in cunc. injury or sickness, Mansfield University Baseball Clinic per use their best judgment in the case of my child.	nour ne is in good neurur and ache to parracipare in cunic activices. In case of accoent, injury or sickness, Mansfeld University Baseball Clinic personnel have my permission to use their best judgment in the case of my child.	Basebull Office Auaspedid Intersity Auaspedid, PAI (593	Amount to be charged (rotal amount will be charged unless amount indicated) pub 2.5% convenience fee
		For more information:	Gredit Card #
		PH: 570-4447 (Aprime) © 570-4442 (Aprime) © 570-444-583) (evenings) BA: 570-662-4416 (px) © E-maid hhilison@mandfeld.edu	Cardholder Name (prined) Cardholder Signature Date
			Date

About the Mountaineers

Since 1987, Hillson has directed his Mountaineers to nine PSAC East Division Championships, three North Atlantic Regional Championships and three trips to the Division II World Series.

With 714 victories Coach Hillson became the fastest coach in Division II history to reach the 700 win milestone.

A nationally recognized authority on hitting, Hillson's teams have ranked among the top five teams in Division II seasonending statistics nine times. Seventeen players have entered professional baseball in the last twenty years. Former clinic attendee Eric Baker led Division II in hitting .500 and was drafted by the Houston Astros in the 27th round. Coach Hillson is known for his hitting, but 11 of the players signed have been pitchers, including: 2002 Montreal Expos Greg Martin, 1998 Boston Red Sox Chris Zallie, 1999 Houston Astro 11th round pick Kris Kann, and Milwaukee Brewers 15th round pick Chris McGee (all former clinic attendees). Twenty-two Mountaineers have been named All-American, the most of any Northern Division II school. The Mountaineer tradition of excellence is evident in the winter clinic program, recognized as one of the top developmental programs in the northeast.

Coach Hillson is fortunate to have a fine staff including Pitching Coach/Recruiting Coordinator Chris Francis. A tenyear veteran coach in college baseball has helped continue the Mountaineer pitching tradition in only his second year at MU. Prior to coming to Mansfield, Coach Francis coached at Virginia Wesleyan College, University of Rochester and Ithaca College where he had 9 players drafted or sign professional contracts. Casey Baker, an 8-year minor league veteran with the New York Yankees, Cleveland Indians and San Diego Padres works with the infielders and outfielders. Coach Baker was a 15th round draft pick in 1999 with the Yankees making it to Double A with the Padres in 2003.

Facilities include Decker Gymnasium, featuring six batting cages, over 20 toss, tee and hitting stations as well as two dozen pitching stations with indoor mounds. The Kelchner Fitness Center features over 15,000 feet of open gym space. Come experience the top-notch facilities along with the proven instructional techniques that have made the Mounties one of the best baseball programs in the nation.

www.GoMounties.com ... click on 'Baseball'



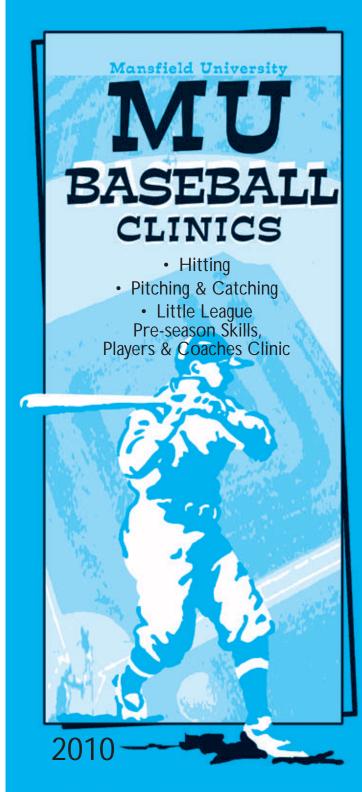
MANSFIELD UNIVERSITY

BASEBALL OFFICE

Home of the Mountaineers NCAA Division II

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ARRY HILLSON



Baseball Clinics

2010

Mansfield University Baseball Clinic Application